

YOGA IN THE PARK



Pickering Field, Ambler Borough

Ambler Borough Parks and Recreation is pleased to offer two free yoga sessions in Pickering Field. The sessions are for adults and will be conducted by certified yoga instructor, and Borough resident, Dan Rauscher. A yoga mat and appropriate attire are required.

Saturday, August 12, 9:00 – 10:00 a.m.

Thursday, August 17, 6:30 – 7:30 p.m.

Please direct any questions to Frank DeRuosi at fderuosi.borough.ambler.pa.us.
In the event of inclement weather, the sessions will take place in the gym at Borough Hall.