

YOGA IN THE PARK



Pickering Field, Ambler Borough

Ambler Borough Parks & Recreation is pleased to offer several free yoga sessions at Pickering Field. The sessions are for adults and will be conducted by certified yoga instructor, and Borough resident, Dan Rauscher. A yoga mat and appropriate attire are required.

Tuesdays – 6:30 – 7:30 p.m.

July 9th

July 30th

August 6th

Please direct any questions to Parks & Recreation Chairperson Sara Hertz at shertz@borough.ambler.pa.us.
In the event of inclement weather, the yoga sessions will take place in the gym at Borough Hall.